

Key Vocabulary for PE

EYFS

Intro to PE	Ball skills	Fundamentals	Dance	Games	Gymnastics
Follow Team Space travel Share safely path Listen	Roll Space Kick Bounce Throw Stop	Run Jump Hop Direction	Move Space Shape Copy Around Sideways Forwards Backwards	Catch Throw Tag Score	Travel Shape Rock Over

KS1

Ball skills	Sending and receiving	Fundamentals	Dance	Team building	Gymnastics	Sending and receiving	Target games	Striking and fielding	Invasion	Athletics	fitness	Yoga	Net and wall
Far Aim Safely Throw Send Roll Catch Direction Balance Overarm Underarm Distance Dribble Collect Target	Kick Racket Track Send Accurate Target Control Release Receive	Land fast Jump Hop Jog Speed Skip Sprint Dodge	Counts Action Travel Pose Move Direction Forwards Backwards Speed Fast Slow Level Shape Mirror Pathway Timing balance Level Space	Solve Teamwork Lead Direction Co-operate Instructions Share Listen travel	Action Travel Balance Jump Direction Roll Point Shape Speed Fast Slow Level Sequence Straddle Pike Tuck Star Level	Aim Throw Roll Kick Catch Racket	Aim Team Throw Score Send Points Distance Overarm Underarm Target Select Accuracy opposite	Pass Space Hit Catch Batter Bowler Fielder Backstop /Wicket keeper	Defender Dribbling Pass Attacker Points Track Send Accurate Control Release	Fast Slow Aim Bend Improve Height Distance Take off landing Swing	Exercise Heart Lungs Oxygen Mood Healthy body Speed Distance Sprint Strong Pace Jog Stead race	Focus Listen Create Pose Feel Choose Position Breath Flow	Opponent Quickly Trap Defend Return Collect Against

